

# Spring Renewal

## 1<sup>st</sup> Annual Women's Expo

Hosted by St. Joseph Medical Center and Women2Women

Friday, April 13, 2012 | Inn at Reading 1040 N. Park Road, Wyomissing  
12:30 p.m. to 7 p.m. | \$20 | Open to the Public

Pamper yourself at the 1st Annual Women's Expo. Focus on your mind, body and soul, while networking with women business owners and learning from experts. Come for the day or just a few hours. This will be the perfect opportunity to renew, relax and re-engage!

### Keynote speaker:

Author **Janet Oberholtzer**, a Mohnton resident. Hear her amazing story as recounted in her book, *Because I Can*, which will inspire and motivate you.

### Opportunities include:

- » Attend workshops
- » Learn how to take care of your body
- » Learn how to take time for self
- » Learn why it's good to un-plug and unwind
- » Learn how colors can create a relaxing home
- » Visit the Book-Nook ~ bring a book, take a book
- » Receive a free Health Screening
- » Visit the "healthy food court"
- » Stop by the "Ask the Pharmacist" booth
- » Relax in the Spa ... aah!
- » Get a massage in the Center
- » Enjoy Happy Hour with mocktails and hors d'oeuvres
- » Get goodies from vendor booths
- » *plus so much more!*

### Register today!

For more information or to register, call the Greater Reading Chamber of Commerce & Industry at 610-376-6766 or e-mail [W2W@GreaterReadingChamber.org](mailto:W2W@GreaterReadingChamber.org).

St. Joseph Medical Center  
Heart Institute  
**HEARTCARING**<sup>®</sup>  
FOR WOMEN AND THEIR HEARTS

  
**women2women**  
PURPOSE POSSIBILITIES POTENTIAL

